

CONTRACTOR HEALTH REPORTING AGREEMENT

FOR COVID-19 RESPONSE

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

Contractors should self-monitor daily for these COVID-19 symptoms:

1. Cough
2. Shortness of breath or difficulty breathing
3. Fever $\geq 100.4\text{F}$
4. Chills
5. Muscle pain
6. Sore throat
7. New loss of taste or smell

This list is not all inclusive. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

Contractors must report if they are diagnosed with COVID-19:

- by a positive lab test, or
- diagnosis from a health care provider (without lab testing)

Contractors must also report COVID-19 Exposures:

- Living with a person that has been diagnosed with COVID-19, or
- Having close contact with a person that has been diagnosed with COVID-19¹

I understand the Contractor Health Reporting Agreement for COVID-19 and agree to:

1. Self-monitor prior to reporting to work each day.
2. Report symptoms, positive diagnosis or exposure to COVID-19 to the Business Owner.
3. Follow the exclusions and/or restrictions that may be required of me.

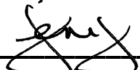
I understand and agree to follow all best practices adopted by my business to prevent the spread of COVID-19 including but not limited to:

1. Communicate and/or provide services virtually whenever possible.
2. Limit in-person meetings and gatherings.
3. Practice frequent hand hygiene.
4. Wear PPE (cloth face coverings, masks, gloves, eye protection, etc) required by the business.
5. Maintain social distancing with other contractors and clients.
6. Follow heightened cleaning and sanitizing of workspace and equipment.
7. Follow all Covid Policies & Procedures posted by the business.

Contractor Name & Title (print) _____

Contractor Signature _____ Date _____

Business Name FlavaFitness Studio, LLC Representative Name & Title Jeni J, Owner

Contractor Signature  _____ Date 01 Dec 2020

RULES FOR CONTRACTORS

The Business Owner must help prevent the spread of COVID-19 by ensuring all contractors follow policies of not working when sick or after possible exposure.

Exclusions and Restrictions

Contractor is not allowed to visit or work in the business establishment.

	What should the contractor do?	When can the contractor return?
If you have been diagnosed with COVID-19 and are symptomatic	<ul style="list-style-type: none">• If you have symptoms of COVID-19, call your healthcare provider for advice and to discuss testing.• Isolate yourself in your home, and do not go out when you are sick. Practice excellent hygiene and if you have others in your home, isolate yourself in one room (if possible).• Cover coughs and sneezes. Do not share personal household items. Clean your hands often. Clean all "high-touch" surfaces like doorknobs often.• Monitor your symptoms and call your health care provider if symptoms worsen.	<p>Do not return to the business establishment until you have been:</p> <ul style="list-style-type: none">• 72 hours without a fever (without fever-reducing medicine), AND• your symptoms improve, AND• it has been 14 days since the first day you had symptoms, AND• you can provide a negative COVID-19 viral test dated no less than 14 days since the positive diagnosis. <p>Contractors will be required to complete an assessment before being allowed to return to the business establishment.</p>
If you have a positive COVID-19 viral test and are asymptomatic	<p>Asymptomatic individuals with lab-confirmed COVID-19 should remain in isolation for a minimum of 14 days. Monitor your health for fever, cough, and shortness of breath.</p> <p>NOTE: patients who develop COVID-19 symptoms during this period should extend isolation precautions for at least 14 days from the date of symptom onset (see above).</p>	<p>Do not return to the business establishment until you have been:</p> <ul style="list-style-type: none">• At least 14 days have passed since the collection date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms, AND• you can provide a negative COVID-19 viral test dated no less than 14 days since the positive diagnosis.
If you have been directly exposed ² to a person with confirmed COVID-19 but are not sick	<p>Monitor your health (fever, cough, and shortness of breath), Stay home (do not go to work, and avoid public places) for 14 days after your LAST contact with the sick person.</p> <p>NOTE: patients who develop COVID-19 symptoms or test positive during this period should extend isolation precautions for at least 14 days from the date of symptom onset (see above).</p>	<p>Do not return to the business establishment until you have been:</p> <ul style="list-style-type: none">• At least 14 days have passed since your LAST contact with the infected person, AND• you can provide a negative COVID-19 viral test dated no less than 14 days since your LAST contact.

Contractors with no known direct exposure, are not exhibiting symptoms, have not traveled out of state, and have not tested positive for COVID-19 may work unrestricted as long as all business best practices are followed.

1 - Close contact is defined as being within 6ft of an infected person for 15 minutes or more starting from 48 hours before illness onset or test collection for asymptomatic patients.

2 - Direct exposure is defined as having had "close contact" with someone with a positive COVID-19 test, with **or** without symptoms.